

# MAKE ANY MAN MISS YOU



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Of Getting Any Man To Miss You And  
Finally, Make Him Adore You Like  
Never Before

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# **MAKE ANY MAN MISS YOU**

**Master The LATINO HOOK METHOD Of Getting Any  
Man To Miss You, Worry About Losing You, And  
Finally, Make Him Adore You Like Never Before.**

**By Tonye Abraham**

I've lived in Lagos long enough to know: When a man says, "I'm busy," He's usually just not that excited about you. Brutal truth.

Now I'm married to a man who once forgot my birthday.

Yes. You read that right.

But today, this same man sends me fresh flowers every week. Texts me 4 times a day when I travel. And once postponed a business trip just to cuddle me on a rainy Tuesday.

What changed?

I discovered something I now call the **Latino Method** — A way to make a man miss you, crave you, and genuinely fear losing you.

Not manipulation. Not drama. Not blackmail.

Just pure feminine power executed with class and control.

And I learned it during my early dating days, thanks to the kind of trips and experiences I had when my now-husband and I were still "getting to know each other."

But let me tell you a little secret about how I really mastered it:

You see, I was once flown to Madrid just because I didn't reply to a man's text for four hours. Yes, four hours.

So I was at the spa in Lekki Phase 1, relaxing with my phone on DND, sipping cucumber water while a lady rubbed sea salt into my back. Listen, I wasn't trying to be petty. I was just... busy. Glowing.

When I got back to my phone, I saw four missed calls. And a long message that started with: "Baby, I'm worried. Please call me."

That same night, he sent me money to book our trip to Madrid. We weren't even married yet.

Let me be honest with you: I didn't do juju. I didn't manipulate. I just understood something that a lot of women don't get... especially when they're the ones doing too much.

It's called it the **Latino Hook Method**.

Because I first felt it when my man and I visited Cartagena, Colombia, during one of our baecations. The way the women there moved... spoke... smiled.

It wasn't desperation. It was magnetism. Even I, a princess and more, was watching them like a movie.

See, these women weren't begging for attention. They drew attention.

I liked it. I studied it.

And then I tested it. Added a bit of Lagos finesse and my own classy sting.

And now? I want to teach you.

Let me teach you this method. And my dear, it's not hard. But it requires you to unlearn chasing energy...

And master the art of magnetic presence.

Let's go....

## #1. GIVE HIM ROOM TO CRAVE YOU

**(Stop being “available” every second)**

When I was still living in Berger and dating this guy — let's call him Tobi. I thought being “available” was the key to his heart.

I'd answer his calls on the first ring. Cancel nail appointments just to match his schedule. Drop everything just because he said, “Let's chill.”

One time, I even left a friend's bridal fitting just to meet him in Ikeja traffic... and guess what? He showed up late and left early.

But the shift happened after a lunch date at The House Café, Lekki. I had dressed up, set my edges, wore a peach satin top and my favourite black heels.

And what did Tobi do?

He spent more time on his phone than looking at me.

I sipped my Chapman slowly and said nothing.

But in my head, I made a silent vow: *Never again.*

So next time he called to “hang out,” I smiled and said:

“Sorry love, I've got plans today. Maybe next weekend?”

That was the first day Tobi *double-called* me in the same 24 hours.  
And the beginning of what I now call...

The Latino Method.

**Latino Principle #1: Men Crave What Isn't Always Available.**

I need us to be clear. This is not about playing games. It's about showing that your time has value. That you are a prize, and not a placeholder.

Men, especially high-value men, are drawn to what they can't easily access.

Now here are some actionable tips you can pull...

- **Don't say yes immediately.** Even if you're free, take a moment. Let him *wonder*.
- **Protect your plans.** Don't cancel your personal rituals, nail appointments, or spa days to be "accommodating." He should work around you sometimes.
- **Delay your response.** You don't have to text back instantly. Let him feel the gap, it creates space for desire to grow.
- **Be warm but firm.** When you say you're unavailable, say it with grace. Not attitude. It's not punishment. It's power.

Let this be tattooed in your head:

"A woman who's not always within reach becomes the woman who stays on his mind."

Sweetheart, let him miss you. Let him wonder where you are. Let him earn his next moment with you. That... is the beginning of becoming unforgettable.

## #2. GIVE HIM A MEMORY HE CAN'T FORGET

### (Create a signature “emotional scent”)

I remember one particular trip we took to Ibadan for his cousin's traditional wedding.

The weather was mad. It rained half the way.

The car had that hot plastic smell. We got stuck around Challenge for almost 40 minutes.

But me? I had Asa playing softly on the speakers. I wore a white flowy dress.

Spritzed just a bit of “Tom Ford's Lost Cherry” behind my ears.

And I didn't complain. Not once.

I was on my phone reading a Chimamanda novel and occasionally feeding him chin chin I packed from home.

He later told me:

“That trip made me feel like I could do life with you.”

He even told his cousin, “This babe's energy calms my blood.”

Now, every time we're stuck in traffic or he hears Asa on the radio, he says,

“You remember our Ibadan trip?”

Then he smiles, like he's mentally travelling back to that car ride.

That's when I understood this powerful truth:

**“Men don't always remember the words you say, but they never forget the way you made them feel.”**

**Latino Principle #2:** Associate yourself with a *feeling* (peace, laughter, charm.

Let every interaction feel like something he wants again).

Okay.

Let me give you actionable tops to stamp your presence in his memory:

- **Pick a signature scent** and stick with it. Let him smell it once and always associate it with you. (Lost Cherry, Kayali Vanilla, or a softer Zara dupe, it doesn't have to be expensive)
- **Use music to anchor emotions.** If you always play Johnny Drille or Asa around him, he'll start to feel something whenever those songs come on.
- **Be calm where most women would complain.** That calmness becomes rare. Rare becomes unforgettable.
- **Choose one signature act of affection.** Maybe you always pack snacks. Or you write tiny notes. Or you rub his neck in traffic. He'll remember it long after the moment ends.

It's not everything that's juju. You just need to create an experience, a vibe that lingers. Let your energy *haunt* him in the best way.

## PART 3: SILENCE IS A SEDUCTION TOOL

**(Don't react to everything — especially cold behaviour)**

There was a weekend I'll never forget.

He had been distant all week...

Didn't call.

Didn't return texts on time.

Then on Friday night, he read my message and replied at **12:06AM** with just: "Sorry, I slept off."

Old me? I would've *para*, sent a 3-minute voice note. Or typed something like, "*If you're no longer interested, just say it.*"

But that Friday? I chose silence.

I turned my phone to DND, booked a lash appointment in Lekki, and treated myself to Sunday brunch at *Good Beach*. Wore my low-back dress. Let the sun kiss my collarbone. Ordered cocktails. Laughed out loud.

Took a photo by the ocean: calm face, soft hair, no caption. Just vibes.

By **9:07PM** that night, he called.

"Babe, are you okay? You've been too quiet lately..."

I smiled and said, "*I've been good. Just resting.*"

And that's how the game flipped.

Again.

### **Latino Principle #3:** When he pulls away, don't chase.

See, one thing I noticed about Latino women during my visit to Spain Medellín and Cartagena...

They don't beg. They don't explain themselves.

They don't force attention.

When their man acts up, they disappear into beauty. They go dancing. They get their nails done. They glow in silence... and let him come looking.

Okay. enough talk... here are some real life tips you can practice immediately.

- **If he starts acting cold or distant, don't confront:** Just pause. Breathe. Respond slowly, if at all.
- **Shift the focus back to YOU.** Get your hair done. Have a solo lunch at The Observatory or The Harvest. Journal. Pamper.
- **Post, but don't perform.** A calm, gorgeous picture with no caption will say 10x more than a quote about "being hurt."

- **Speak with silence.** Let your peace make noise. Let your energy tell the story.

The real seduction isn't always in what you say. It's in how quietly you protect your power when he expects you to react.

Silence doesn't mean weakness. It means you're in control.

## PART 4: BECOME A WOMAN OF OPTIONS

**(Make him realise you're NOT lucky to have him, he's lucky to have you)**

I once hosted a small birthday brunch at **Noir** in VI.

Nothing loud. Just a table for six. Some girlfriends. A few guy friends from work.

Great food, rosé, soft makeup. I wore this silk top that hugged all the right places.

Tobi wasn't around, he had "work" in Abuja. But I still tagged him in a story. Just one. No caption.

That night?

**₦250,000 alert.**

Message: *"You looked gorgeous. I'm jealous. Don't mind me."*

I didn't flirt. I didn't post selfies. I just showed up as the kind of woman people want to be around. Warm. Glowing. Valuable.

## **Latino Principle #4:** When others desire you, he feels the pressure to lock you Down.

I first noticed this in Colombia (thank God for my fashion career then). You see, Latina women don't need to compete for male attention, they command it. Not by chasing men... but by making themselves the star of the room.

They smile. They dance. They laugh like life is good. They don't beg for love, they let love orbit around them.

Also, you don't need to pretend to be rich or popular. But let your aura say: "*I am the fuckin prize.*"

Okay.

Wait...

Are you expecting me to give you actionable tips? Haha... Thought this one is straight-to-the-point..

Anyways, if you insist, then are here some actionable tips:

- **Host or attend small social events.** Lunch at The Grill by Yanna, Ikoyi. Birthday dinner at Cactus, VI. Game night with friends. Let him see you *belong* in beautiful spaces.
- **Curate your public presence.** Not oversharing, but soft glimpses, a happy laugh, a fine meal, a lovely dress. Post like you're documenting a lifestyle, not seeking attention.
- **Let him know (subtly) that you're admired.** Mention kind compliments in passing. Tag him when it matters, not too much, not too little.

- **Carry yourself like you're used to quality.** Not arrogant. Just graceful. Feminine. A soft reminder: *This is what a man should cherish.*

Attraction grows when he sees the world notice your worth. And suddenly realizes you're not his to take for granted.

That's not manipulation. That's magnetic presence.

That's the **Latino Method**. Again, you're the prize.

## **PART 5: LEAVE A MARK WHEREVER YOU GO**

**(Make him miss you even when you're not around)**

Before I got married, I lived alone. A lovely, sunlit one-bedroom in Ajah.

It wasn't big. But it always smelled like *vanilla and calm*, his words, not mine.

I had this ritual: Fluffy white towels folded just so.

Calm music playing softly in the background. A pot of jasmine tea on the stove. Candles burning quietly in corners.

Tobi used to say:

*"Your house feels like peace. Like home."*

So anytime I traveled even if it was just a 2-day trip to Abuja, He'd call and say: *"I miss your scent. I miss your vibe. I just miss... you."*

I wasn't trying to impress him. I was simply creating an experience. One that stayed with him when I wasn't there.

**Latino Principle #5:** Make your presence so memorable that your absence feels like a hole.

I noticed this first in Mexico City.

So there was a hostess at our hotel, nothing flashy. But her perfume, her smile, her softness...

You remembered her.

When we checked out, my husband whispered:  
*"That woman knows how to stay on your mind."*

That's when I understood: You don't have to be the loudest. You just have to leave a mark.

So my dear, here are the tips:

- **Curate your signature scent.** Should I shout this? Please don't let me do. For goodness sake, let a particular perfume. Could be vanilla, amber, soft florals, just make one become your scent. Something he'll smell later and remember you.
- **Master the art of ambiance.** Even if you live in a self-con in Ikorodu — clean sheets, soft music, warm lighting, and one thing that feels intentionally feminine changes everything.
- **Have your own rituals.** Maybe it's Sunday hair masks. Or tea before bed. Or the way you journal with a pen that smells like coconut. Let him witness you being soft and centered.
- **Be calm. Be rare. Be grounded.** That's what they remember. Not the noise, but the feeling.

You don't need to "try" to make him miss you. You just need to become unforgettable.

And that's the **Latino Method**.

## TL;DR:

The Latino Method isn't a game.

It's a mindset.

You don't have to beg.

You don't have to convince.

You don't have to "perform."

You just need to master the right balance of:

- Softness
- Absence
- Class
- Mystery
- Power

Do it right. And he'll call, even when he says he's "busy." I'm saying he'll cancel meetings just to sit beside you. He'll think of you when he sees your favourite drink at a lounge.

And most importantly? He'll start to fear losing you.

Because when a man realises you're rare, he won't risk letting you go.

## P.S. Want Me to Guide You Personally?

Let me say this from my heart:

You don't have to sleep with a man to make him commit. You don't have to beg for attention. And you definitely don't have to "do jazz."

There's a better way, and that's what I want to show you.

If you're tired of feeling like you're not enough... If you're done being used, ghosted, or strung along... And if deep down, all you want is a rich and committed man who respects you, adores you, and is proud to call you his.

Then I'd love to **coach you privately**.

This won't be in a WhatsApp group.  
Or in front of strangers.

It'll be just you and me, talking woman to woman, **via email**.  
Quiet. Safe. Confidential.

If that sounds like something your heart needs, send an email to:

**tonyeabraham489@gmail.com**

Tell me a bit about your current situation.  
And let's begin. Because you deserve love that's sweet, soft... and secure.